

---



# Grace of Light

SERAPHIM ATTUNEMENT



*House of light*

HEALING HUB

## Energy We are Activating

The Seraphim's energy is deeply connected to the heart beat of Source. When you read the word Source, your first point of consideration is checking in with what Source means to you. We refer to Source as the Divine place we connect with to give thanks to, to ask for guidance and support from, a place to receive our affirmations ~ wishes ~ prayers. And that place where we are held in an infinite space of love, that we we can also direct and guide love from. The "Seraphim Attunement Meditation" will guide you into the higher heart of Source, and will offer you an opportunity to contemplate, nurture, expand, or be introduced to, what Source and this eternal energy really means to you. From here, you have the choice of how you wish to create a relationship that evolves over time through trust, in guiding your actions, your decisions, your manifestations, of a heart led, voice led lifestyle.

After receiving the "Seraphim Attunement Meditation" (Wellbeing in Stillness Playlist), the investment of time, space and energy you commit to consider and respond to the following questions, will welcome this attunement into activating your voice, your truth and your integrated soul led abilities.



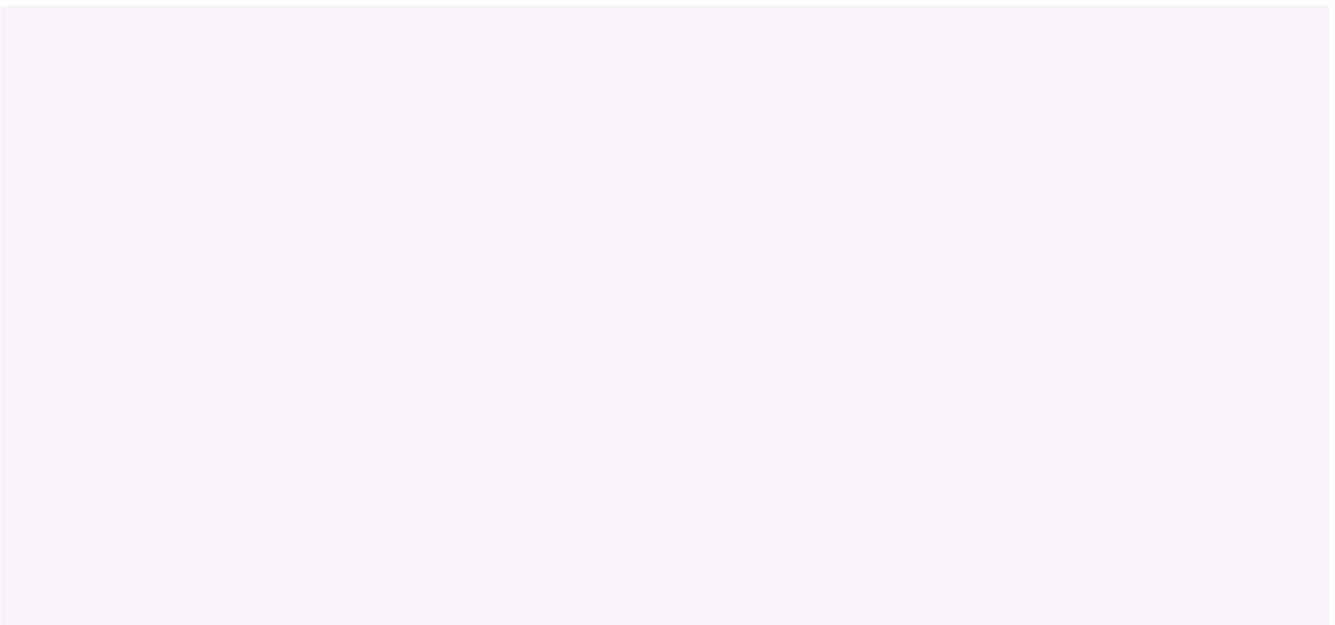
### The Discovery

How did the heart beat of Source feel to you?

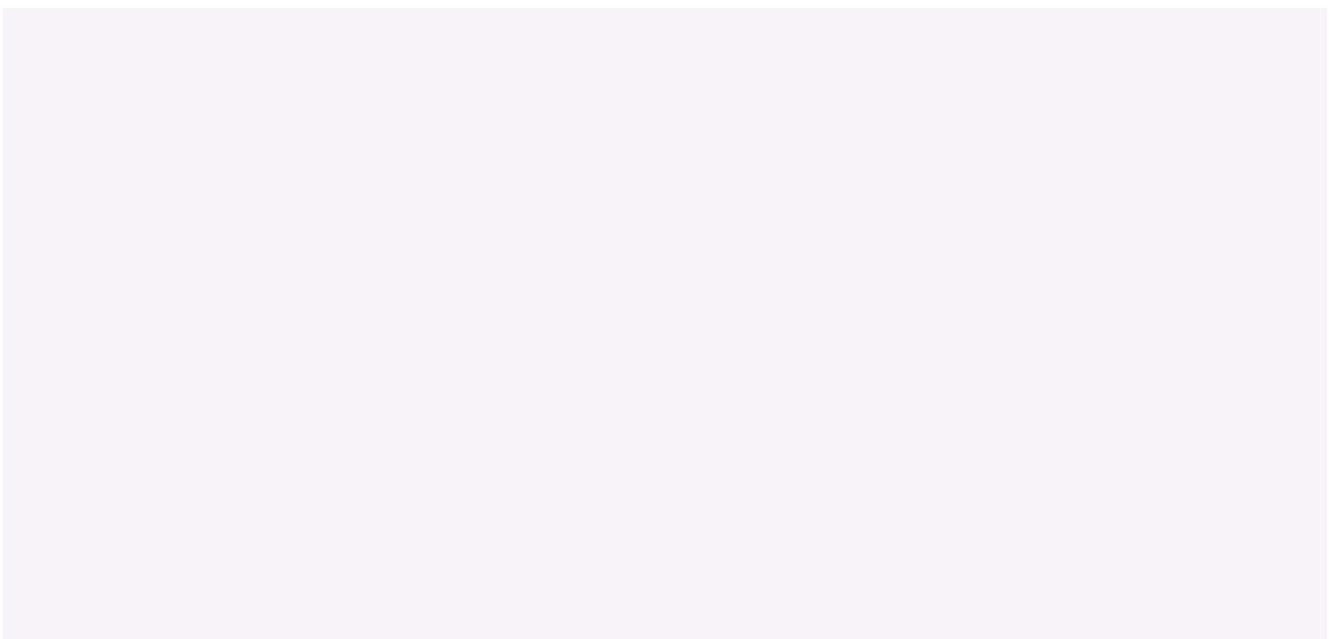
Is there a sense you have been here before, and if so, how did this experience differ for you?



What did you experience thru your attunement?



How can you carry the messages from your attunement into your day to day lifestyle?



## Your Voice Being Heard

The only person who can take charge of activating your voice is you. You determine the flow of inner dialogue thru your wellbeing practices, you receive the inner guidance, and it is up to you to activate that voice and bring purpose into action thru a heart led consciousness. Share below where you know you have honoured your voice. What can you draw strength from in those remembered moments?

Consciously come back here to share the heart & voice led empowerment you experience as you continue to activate your voice in the next 4 - 5 weeks.

